

PARENT GUIDANCE

MENTAL HEALTH SERIES



In response to parent concerns about student health and well-being, Wyomissing Area School District is partnering with ParentGuidance.org to deliver presentations developed by licensed therapists. This series will be virtual, interactive, and is designed to help parents and caregivers support students. Registration, attendance and interactions are kept totally anonymous from other viewers.

TIME: 6:30-7:30 pm via Zoom
To Register Now...Scan the QR code

WED. SEPT. 27 "Supporting Your Child's Mental Health"

<http://cookcenter.info/Sep27Wyomissing>



WED. OCT. 25 "Compassionate Parenting & Self-Compassion"

<http://cookcenter.info/Oct25Wyomissing>



WED. JAN. 24 "Understanding Video Game Addiction"

<http://cookcenter.info/Jan24Wyomissing>



WED. FEB. 28 "Parenting through Anxiety & Depression"

<http://cookcenter.info/feb28Wyomissing>



WED. MARCH 20 "Establishing Healthy Boundaries"

<http://cookcenter.info/Mar20Wyomissing>



WED. APRIL 24 "Building Your Child's Confidence"

<http://cookcenter.info/Apr24Wyomissing>



For registration information, contact
Dr. Missy Woodard at mwoodard@wyoarea.org

